

KIT LIST - BUILD PROJECT

The kit you take can make the difference but it is best to pack light.

Our kit lists are put together with feedback from our own experiences and those of participants who have taken part in our previous trips. The items on this list do not take into account your personal preferences based on your previous experiences, or individual requirements.

PLEASE NOTE: This list is just a guideline and is not exhaustive or take into account personal preferences.

For information about items on this list please refer to the trip dossier or contact The Different Travel Company on info@different-travel.com

*Please consider eco-friendly or biodegradable options.

ESSENTIAL

SUGGESTED

OPTIONAL

DOCUMENTS + FLIGHT ESSENTIALS	✓
Passport and Copy	
E-Tickets	
Travel insurance	
ATM and credit card (s)	
Cash (£ Sterling)	
Pen for immigration forms	
Sunglasses (preferably polarized)	
Mobile phone + charger	
Camera + spare batteries	

LUGGAGE	✓
Suitcase/large holdall kitbag	
Daypack	
Hand Luggage (take note of dimensions from airline)	
Combination padlocks	

CLOTHING + FOOTWEAR	✓
Boots or sturdy trainers for project	
Trainers/casual shoes for evenings	
Old clothes for project	
Socks and underwear	
Warm layer for evenings	
Casual clothes for evenings/sightseeing	
Sun hat with brim	
Gloves x2 (heavy duty for project)	
Eye goggles & dust masks	
Hard hat	
Knee pads/kneel mat	
Flip flops for showers	
Scarf/pashmina/cheche	
Neck cooling 'Cobber'/cooling towel and Buff	
Buff (for dust)	
Waterproof jacket and trousers	

HEALTH + HYGIENE*	✓
Hygiene kit to include: toothbrush and toothpaste, antiperspirant deodorant, wet wipes, shampoo, conditioner, shower gel, nail brush and nail care kit	
Personal first aid kit to include: prescription medicine, insect repellent, ibuprofen, paracetamol, plasters, blister plasters (e.g. Compeed), Imodium, rehydration salts (Dioralyte), antiseptic cream (e.g. Savlon), Anti-histamine cream/tablets, lip balm with SPF protection, zinc oxide tape, nail scissors/tweezers, muscle rub (e.g. Deep Heat), throat lozenges, decongestant, Vaseline	
Hairbrush/comb	
Feminine care products	

OTHER KIT	✓
Sun block (high SPF)	
Toilet bag: toilet paper, wipes, hand sanitiser, nappy sacks	
1 ltr metal/insulated water bottle	
LED head torch + spare batteries	
Universal plug adaptor	
Ear plugs	
Energy food/snack bars	
Electrolyte (e.g. NUUN)	
Swimwear	
Travel pillow	
Portable power bank	
Spare glasses/contact lenses	
Video camera + charger	
MP3 player/ipod	
Books/pack of cards	
Donations for the village	