

## KIT LIST - PETRA

The kit you take can make the difference between being 'just a trek' or a 'memorable trek'.

Our kit lists are put together with feedback from our own experiences and those of participants who have taken part in our previous trips. The items on this list do not take into account your personal preferences based on your previous experiences, or individual requirements.

PLEASE NOTE: This list is just a guideline and is not exhaustive or take into account personal preferences.

For information about items on this list please refer to the trip dossier or contact The Different Travel Company on [info@different-travel.com](mailto:info@different-travel.com)

\*Please consider eco-friendly or biodegradable options.

ESSENTIAL

SUGGESTED

OPTIONAL

| DOCUMENTS + FLIGHT ESSENTIALS     | ✓ |
|-----------------------------------|---|
| Passport and Copy                 |   |
| E-Tickets                         |   |
| 40 JOD in cash for visa           |   |
| Travel insurance                  |   |
| ATM and credit card (s)           |   |
| Cash (£ Sterling)                 |   |
| Pen for immigration forms         |   |
| Sunglasses (preferably polarized) |   |
| Mobile phone + charger            |   |
| Camera + spare batteries          |   |

| LUGGAGE   | ✓ |
|---|---|
| Suitcase/large holdall                              |   |
| Daypack (25 – 30 litres)                            |   |
| Hand Luggage (take note of dimensions from airline) |   |
| Combination padlocks                                |   |

| CLOTHING AND FOOTWEAR   | ✓ |
|---|---|
| Trekking boots: either worn on flight or carried in hand luggage    |   |
| Trainers/flip flops for camp  |   |
| Lightweight trek trousers   |   |
| Non-cotton, technical t-shirts                                      |   |
| Non-cotton long sleeved top/shirt                                   |   |
| Trek socks  |   |
| Underwear   |   |
| Warm fleece or sweater (for evening and morning)                    |   |
| Wet weather top   |   |
| Sun hat with brim   |   |
| Warm hat for night  |   |
| Sandals for camp  |   |
| Neck cooling 'Cobber' or cooling towel                              |   |
| Buff ( <a href="http://www.buffwear.co.uk">www.buffwear.co.uk</a> ) |   |
| Lightweight waterproof  |   |

| HEALTH AND HYGIENE*   | ✓ |
|---|---|
| Hygiene kit to include: toothbrush and toothpaste, antiperspirant deodorant, wet wipes, shampoo, conditioner, nail brush and nail care kit  |   |
| Personal first aid kit to include: prescription medicine, insect repellent, ibuprofen, paracetamol, plasters, blister plasters (e.g. Compeed), Imodium, rehydration salts (Dioralyte), antiseptic cream (e.g. Savlon), Anti-histamine cream/tablets, lip balm with SPF protection, zinc oxide tape, nail scissors/tweezers, muscle rub (e.g. Deep Heat) |   |
| Hairbrush/comb  |   |
| Feminine care products  |   |

| OTHER KIT  | ✓ |
|--|---|
| Sleeping bag (comfort -5°C)                                  |   |
| Sleeping bag liner (cotton/silk)                             |   |
| Sun block (high SPF)   |   |
| Toilet bag: toilet paper, wipes, hand sanitiser, nappy sacks |   |
| 2 ltr water hydration system (e.g. Camelbak)                 |   |
| 1 ltr metal/insulated water bottle                           |   |
| LED head torch + spare batteries                             |   |
| Adaptor (European 2 round pin)                               |   |
| Ear plugs  |   |
| Casual shoes   |   |
| Casual clothing  |   |
| Hiking poles – to be stowed in hold luggage for flight       |   |
| Energy food/snack bars                                       |   |
| Bags for dirty washing                                       |   |
| Spare glasses/contact lenses                                 |   |
| Video camera + charger                                       |   |
| MP3 player/ipod  |   |
| Portable power bank  |   |
| Books/packs of cards   |   |
| Travel pillow  |   |